



2020 West El Camino Avenue, Suite 800
 Sacramento, CA 95833
 hcai.ca.gov



Health Care Affordability Board
 March 25, 2026
 Public Comment

The following table reflects written public comments that were sent to the Office of Health Care Affordability email inbox.

Date	Name	Written Comment
3/6/2026	Andrew Isoda	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Glen Deardorff	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Bret Polish	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Please support a single payer healthcare system so that everyone can get access to free healthcare. Healthcare should be a human right.
3/6/2026	Diana Kliche	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Deborah Levitan	Arizonans like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I sometimes need to delay care, most recently dental. I am exploring different Medicare Advantage options because my current UHC plan's co-pays have become challenging for me financially as a low-income senior.

Date	Name	Written Comment
3/6/2026	Elizabeth Darovic	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. I am currently covered by COBRA from my last job, but that runs out in November, and for a woman of my age, getting private insurance will be staggeringly expensive, made more difficult by the near impossibility of getting hired for a full-time job at my age. Health care in the United States is far more expensive than in any other country. The enormous profits reaped by the insurance companies mean that even people who pay the outrageous premiums are often turned down for the care and services they need, because the corporations place profits first and care for patients a distant second. This system has been badly broken for decades and only continues to become more so due to the enormous corruption of our health care system. We need a new single-payer model, and we need it badly.</p>
3/6/2026	Dick Smaul	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/6/2026	Irene Lee	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p> <p>Taxpayers like myself are constantly being asked to pay for higher insurance and other costs when there are ways that law makers can help to reduce overall medical and other costs. Please consider the everyday folks who are trying to live a normal life and what you can do to help make life easier for all of us.</p>
3/6/2026	Karen Socher	<p>Trump promised to lower the costs of living, my health insurance has tripled. I cannot afford it.</p>
3/6/2026	Ms. Lilith	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>

Date	Name	Written Comment
3/6/2026	Lucy Hart	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Dave Rager	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Elizabeth Johnson	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	JL Angell	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p> <p>In addition, I cannot tolerate many products, cleaning, personal care, drugs, etc. and whenever any I use becomes unavailable, like has become prevalent since Covid, I have to test the new for at least two weeks without anything else new. The past couple of years prescriptions that worked and I tolerated went off formulary without warning (cost multiplied ten fold to me)--this year that has already been two and I keep getting letters contradicting the last letter on one that I already got promises about by phone (name brand is on formulary but the generic was removed and last letter said generic not OK any more--which costs both me and insurer more).</p> <p>Also, in the past couple of years routine, recommended care I find my providers unsure whether or not insurers will cover.</p> <p>Time to get answers to just get basic health care prevention and treatment has gone from zero to FT days per year. No one knows what is true any more no matter what a policy says (if you can find the policy statements and anyone follows them).</p> <p>Deception seems to be the primary policy now and shut up and pay whatever we decide each time even if it changes each time.</p>

Date	Name	Written Comment
3/6/2026	Christopher Loo	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Sue Krause	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Christine Borje	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Casee Maxfield	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Mali Henigman	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care.</p> <p>I am looking at dialysis in the very near future. Even with coverage from Medicare and supplemental insurance, which is expensive, there will be extra costs of home care, something I will have a difficult time paying for. What savings I have will be depleted rapidly. And I am one of the lucky ones to have insurance, expensive as it is.</p> <p>I lived in Germany and as a working person, I was given full benefits; general, ophthalmologic, dental, surgical, including physical therapy. They find that keeping people healthy cuts down on costs, so visits to providers are covered. No one becomes destitute trying to pay for medical care. It's changed somewhat since the wall came down, but not much. In Europe, health access is a right for every citizen. Drugs cost less. The system is not controlled by greedy health care providers. We, however, function on greed, and presently, on grift.</p> <p>We need single-payer/universal health care. I think I will probably die before that is ever implemented - I'm talking another 15 years, if I'm lucky. I'd like to see health care for all before that happens.</p>

Date	Name	Written Comment
3/6/2026	Robert Durstenfeld	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p> <p>I have lived with Type 1 Diabetes for 69 years. I am thankful to have lived this long with this chronic and destructive disease. It has not been without cost for all the specialists, doctors and multiple daily expensive prescription medications.</p> <p>Give some thought to where you might squeeze the more an \$15,000 I have spent annually to manage this disease. It has meant many trade-offs.</p>
3/6/2026	Kevin Markoe	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/6/2026	Gabriele Wampfler	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/6/2026	Lisa Gherardi	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/6/2026	Linda Wilson	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. It shouldn't be this way for anyone, and I am a single person--but I can only imagine the impact on working families.</p>
3/6/2026	Katie Sandberg	<p>Hello, just a note that I could not afford to pay healthcare for my family while I was working. I paid it but drove myself into debt to do it, only to get laid off and struggle with debt payments. It's getting to the point where I'm considering moving to an EU country because paying for private expat healthcare there will be much cheaper (and better) than affording healthcare in California, plus everything else will be much cheaper than California. As one of</p>

Date	Name	Written Comment
		the largest economies in the world, California can afford to do better regardless of whether or not DC is on board. Start taxing billionaires and corporations so they pay their fair share. Give working people a break. I love our state, but it's a one-sided relationship right now. Thanks.
3/6/2026	Susan Lea	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. I was supposed to get medical costs as a victim of a crime, but CA refuses to actually pay for necessary medical expenses for crime victims. I am on SSA, who take \$200/month from my social security for medical insurance, and then refuse to pay for any medical care until I have paid for the first \$3500, and pretty much the same for hospital care. I don't get the medical care I need because then I'd have nothing to spend for housing, gas or food. I starve myself just so I can afford gas in CA which is back to being \$5/gallon so we can pay off California's billions and billions of dollars overspent on alleged unemployment and other frauds.
3/6/2026	Martin Horwitz	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	John Steponaitis	Californians like my friends face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Damon Barfield	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	J Cole	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care.

Date	Name	Written Comment
		Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Martha Manzano	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p> <p>My 74 year old sister went to the Emergency Room in Fresno, California because she couldn't walk. Her driver was told she could not stay because of the amount of people needing services. She was left on a gurney in the hall way of the ER for three days. No rooms were available to admit her to run tests. She was sent home after it was determined she had not had a stroke. Our ER's are running at full capacity and it seems inhumane when people are left on gurneys for days. People kicked off their health plans is causing ERs to overwork. I'm sure people have died already and will continue to do so. It's embarrassing that the most wealthy country in the world would have its citizens treated so poorly. And another war. Slap in the face!</p>
3/6/2026	Dana Trick	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Bruce Hlodnicki	<p>I'm not a Californian but I have strong feelings about Health Care and its affordability.</p> <p>I'm a retired Emergency Physician.</p> <p>I chose that area of medicine because I really wanted to help people--all the people --get the medical care they need when they need it!</p> <p>I spent 20 years or so doing just that. Seeing little children with worried mothers and URI's (Colds). And other little children with Asthma so severe they had to be intubated and placed on a ventilator and shipped to the Pediatric Hospital. A HELL of a lot of MVA's (Motor Vehicle Accidents). And more patients with Drug Problems and Psychiatric Problems than I expected! I treated everyone and everything.</p> <p>But it is the GSW's (Gun Shot Wounds) that stay sharpest in my memory.</p>

Date	Name	Written Comment
		<p>I did not work in a Trauma Center--I was in a level 2 Emergency Department. GSW's were supposed to be taken to the Trauma Center--things don't always work the way they are supposed to.</p> <p>One Spring I had 2 Young Black men with GSW's. The first was a football star who did well in his classes. After doing everything I could, I had to pronounce him dead.</p> <p>The other one was about the same age and also a Black man. He had been shot to the chest at least twice. Again, I did everything I could. And when he was as stable as I could get him without surgery, I shipped him to the Trauma Center Froedert Hospital. Last thing I heard--he was out of surgery and stable. I never heard whether he survived to discharge.</p> <p>The other memorable GSW wss in his 30's or 40's and he was brought into the ED sitting in a wheelchair! His wife had shot him in his ass during an argument! And they both were laughing about it. I wasn't. I always assumed the worst. And I was right. The bullet had torn through his Right Common Iliac Artery. A half hour later he was unconscious and the only reason he was alive was because I had started 2 large bore IV's and set-up 4 units of Blood and contacted the Vascular Surgeon on Call!</p> <p>I learned appearances can be deceiving! I also learned that we need a Much Better System of Medical Care! No One Should End Up Having to Choose Between Getting and Taking Your Medicine or Eating. By the way, I was forced to retire early because I had developed intolerable Trigeminal Neuralgia--which diagnosed myself...</p>
3/6/2026	Soraya Barabi	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/6/2026	Janna Piper	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>

Date	Name	Written Comment
3/6/2026	Dhaval Patel	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Gloria Thompson	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Yolanda Berumen	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Kevin Bissonnette	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p> <p>Though I don't necessarily buy into the concept of healthcare being an inalienable human right, certainly in the richest country in the world, we should provide at least basic ⁷Healthcare for ALL of our citizens!!</p> <p>Let's set an example where the rich of this country display some empathy and help the poor to have basic healthcare, instead of worrying about how much richer they and their cronies can become?!¿</p>
3/6/2026	Keira McKnight	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	KG	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Adil Mehta	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or

Date	Name	Written Comment
		<p>ration care, or make difficult decisions about what to prioritize financially.</p> <p>Health care costs need to be affordable for middle income families, especially for the citizens and permanent residents of this country. Some people get huge subsidies from the government to pay for their health insurance premiums and others get no subsidies. There needs to be a commonsense middle ground here.</p>
3/6/2026	Jan Smith	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/6/2026	Darrell Neft	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/6/2026	Anne Spesick	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p> <p>The healthcare my husband gets through his work is plagued by ever rising co-pays and deductibles. So while we technically have coverage, we always weigh whether each visit is worth the cost.</p>
3/6/2026	Julie Zweig	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these costs I have to make difficult decisions about what to prioritize financially. I am retired, living on a fixed income, and I pay a large amount monthly for medical insurance, an amount that is raised each year by about \$65. per month. I know other people are even worse off than I am, but for everyone, costs should be controlled so we can also pay for housing, property taxes, and food.</p>
3/6/2026	Henry Rosenfeld	<p>Californians like myself and my family face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, as a cancer patient undergoing chemotherapy, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>

Date	Name	Written Comment
		Also my son suffers from severe Crohn's Disease since he was 19 year old and requires continual monitoring and very expensive medications.
3/6/2026	Albert Gacutan	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Ingrid Gordon	Why the hell wouldn't it matter doesn't take a genius!
3/6/2026	B. Tepp	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Phoenix Giffen	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Danielle Bratis-Smith	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. In addition to this I am unable to get appointments and ED wait times are longer and longer. Vote for Medicare for All.
3/6/2026	Stephen Murphy	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. this departure from a pool of non-profit insurers, plunging the services of life saving access into a morass of big equities making.. barbaric and bankrupting both the public and the govt. that should serve the people at their most vulnerable.. one gets the notion that this class warfare by the topmost, would actually like the rest of us die off.. leading a segment of hardworking people to think .. YOU FIRST.. a society that has reached this point, where the least able to earn and care for their families may become unbound by civitas and act to curtail the predation of the elite..

Date	Name	Written Comment
		<p>i'm thankful that i was able to experience the greatest generation and grow up safe in america.. this, i fear is ending and selfishness of the epstine class will backfire, and may take our democracy down w/it.. any polititian who is not willing and able to reverse the course of the destructive result wroght on society by neoliberal nonsense,and begin to actively work for relief and create a beneficant social contract, to see this for what it truly is.. a gilded age where the robber barons have returned w/a vengeance... god save this country if we don't do right now.</p>
3/6/2026	Tom Fuerte	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I know close personal friends who have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/6/2026	Paul Rodriguez	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. Add to that the necessity for medical durables such as catheters which I use, then It becomes harder. If you have to change your insurance, which I have often had to do through no fault of my own that it becomes very difficult to reestablish a company that carries what you need. The company cannot tell you what your share cost will be or even if they preferred company or company that you like to use would be covered under that new insurance. This is just a wasteful and causes unnecessary stress.,</p>
3/6/2026	Javier Mendez	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/6/2026	Chris Withrow	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>

Date	Name	Written Comment
3/6/2026	Penn Patton	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Dale Brooks	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Fortunately for me and my fellow UAW Union members we have virtually 100 percent medical services coverage. When a union can negotiate proper medical care for their members, our elected representative should be able to the same for all Californians.
3/6/2026	Darcy Skarada	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Sherrill Futrell	Too bad our governmental officials have allowed middlemen, who know little to nothing about medicine, to hijack medical care in this country. I'm a privileged white woman with a fancy education - paid for by California taxpayers in the 50s and 60s - and I can afford to pay for most necessary medical treatment. But few of my neighbors can. Californians have been betrayed by their politicians for decades, forced to pay for ever-more expensive health care or go without. Most of the people I know go without. Americans don't have a socialist tradition, but it's coming. We're sick of being screwed by big business, big medicine, and big politics.
3/6/2026	Myra Schegloff	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Andrea Kaufman	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Michelle Fox	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health

Date	Name	Written Comment
		care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. Health Care should be a right, not a privilege. We shouldn't have to go into financial bankruptcy to pay off our medical bills.
3/6/2026	Rosemary Graham-Gardner	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Harold Watson	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Rachel Comer	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2206	Ann Wasgatt	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. If I neglect preventative care because of cost , it will cost me much more if my health deteriorates to the point of going to the emergency room. When the choice is between paying for a doctor appointment or paying my utility bill, the appointment is frequently skipped. Even the co-pays can be too much.
3/6/2026	Jim Gear	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/6/2026	Joe Salazar	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.

Date	Name	Written Comment
3/6/2026	Jillian Gallery	Where the pure, sincere, apolitical will to solve a "problem" all other major nations on earth don't have: Healthcare for All. Are our leaders just stupid, or have they just lost all integrity to the lobbying of for-profit medical insurance companies and drug manufacturers? The people know tha the latter is the true reason for skyrocketing cists of medical insurance and medical care. But tje stupidity of ignoring the one already existing, non-profit, bery affordable medical system that works very well in this country, is astounding. Enact MEDICARE FOR ALL and stop wasting our time and miney.
3/6/2026	Ellen Van Allen	Health care costs are unequal and challenging for members of my family! Watching two married teachers with three children try to manage to keep them all covered for health conditions that absolutely need care is daunting. It is ridiculous that contributing members of our society are so challenged in caring for themselves and their children. While they have managed, after a lot of effort, to cobble something together that mostly works, it is not a given that that will be the case for them next year, and it certainly is not working for many others. We need to do better!
3/6/2026	Rich C.	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. We can't take another burden. Please do what's possible to lower our health care costs.Thank you.
3/7/2026	Jason Bowman	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/7/2026	George Ruiz	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/7/2026	Ked Garden	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health

Date	Name	Written Comment
		care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/7/2026	James Rees	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/7/2026	Abbie Bernstein	Californians face high costs of living, and cannot afford the ever-escalating price of health care. I don't want my healthcare expenses to exceed my ability to pay; I don't want my neighbors to be unable to pay for their healthcare. Consumers can't wait, we need the Board to enforce cost-growth targets with real penalties!
3/7/2026	Eugene Barber	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/7/2026	Pat Magrath	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/7/2026	Jimmie Robinson	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/7/2026	Cindy Richardson	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. BEING UNABLE TO AFFORD HEALTH CARE MEANS THAT I SKIP NEEDED HEALTH SERVICES WHICH AT MY AGE OF 67 ARE IMPERATIVE!! PLEASE DO MORE TO CUT COSTS WITHOUT CUTTING QUALITY OF CARE! THANK YOU!

Date	Name	Written Comment
3/7/2026	B.E.	<p>As a native born Californian and a senior, I still remember when healthcare services were reasonable because healthcare was not for profit....no private equity firms buying up physician practices and reducing the time spent with patients, and the care subsequently prescribed, to keep profits high.</p> <p>Now, the exceedingly high cost of living is crushing me in my remaining years, and the never-ending rise in health care costs to keep profits on healthcare services high, as the health care services themselves are reduced, is causing me to think twice about seeing a doctor, especially in the areas of medical care not covered AT ALL by Medicare (basic dental and eye care). It is almost as if the for profit health care system would prefer that retirees just quietly pass away.</p> <p>I postpone getting a yearly eye exam (currently it's been three years) and dental procedures such as replacing deteriorating crowns are out of the question, while I do my best to try to help my grandchildren and their parents who are also suffering from high housing, health insurance, and higher education costs. All while private equity firms divvy up the profits so the owners can buy another mansion or a smaller yacht to get them to their bigger yacht. Something is wrong when one's physical health depends not on a doctor practicing medicine, but on a "business owner" making money.</p>
3/7/2026	Sheryl Iversen	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/7/2026	Kim Nero	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/7/2026	Todd Snyder	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p> <p>Consumers can't wait, we need the Board to enforce cost-growth targets with real penalties!</p>

Date	Name	Written Comment
3/7/2026	Barbara Babin	Persons like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/7/2026	Donna Crane	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/7/2026	Edith Ogella	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/7/2026	Heather Reynolds	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/7/2026	Geraldine Card	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/7/2026	Mary Dromi	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. I lost my doctor to his becoming a concierge doctor. This country needs to drop for profit medical care. This is disgraceful. The wealthiest country in the world cannot even afford to keep its own people healthy. I blame all the politicians for destroying our country because they don't care what happens to anyone but themselves
3/7/2026	Cindy Meyers	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or

Date	Name	Written Comment
		ration care, or make difficult decisions about what to prioritize financially.
3/7/2026	Gregg Lowery	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p> <p>When you live on a fixed income, and you have to put money out of your pocket to pay for medication or for procedures.</p> <p>It straps you and then you can't either get your medication or get food.</p>
3/7/2026	Sherry Berry	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/7/2026	Ellen Koivisto	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p> <p>And I absolutely love the "bankrupt yourself in order to get care" option.</p>
3/7/2026	Shane O'Shea	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/7/2026	Kevin McKelvie	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p> <p>I'm on Medicare, so I am not as affected as some, however my husband is NOT yet on Medicare and his premiums have risen significantly. He had a liver transplant in 2024. His premiums are now way higher than they were last year and he has a lot of meds and special care appointments which have high co-pays. Our finances are taking a big hit and it's nearly impossible to balance the monthly budget. We are slipping into great debt.</p> <p>Congress... DO SOMETHING!</p>

Date	Name	Written Comment
3/7/2026	Philip Simon	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/7/2026	Paula Aiello	Watch just part of season two of the Netflix series "The Pitt" (Episodes 2 and 4, specifically) . That story shows the kind of devastation caused by unaffordable health care and insurance. Though the show is set in Pennsylvania, Californians also face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, my family has suffered consequences such that my husband went through two medical bankruptcies in just a few years. Many of us in California have to delay or ration care, or make difficult decisions about what to prioritize financially. We must prevent this kind of suffering.
3/7/2026	John Oda	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/8/2026	Bruce Odelberg	I am your constituent and Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/9/2026	Marilyn Becchetti	Healthcare that is fully affordable for every one of us protects the health of each of us. When we or our neighbors must delay or ration healthcare because of cost, we endanger the health of all our fellow Californians, and people throughout our nation.
3/9/2026	Elizabeth Johnson	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/9/2026	Ryan Duncanwood	i'm disabled
3/9/2026	Sean Frame	I am a classified education worker (CSEA Chapter 480), a Chief Job Steward, and a member of my chapter's bargaining team. Every day I see my coworkers getting stretched and stressed from the

Date	Name	Written Comment
		<p>increasing costs of health insurance (I'd call it care, but any system that pits care against private profit cannot be called healthcare.) For example, many of my coworkers cannot afford the premium at work and were relying upon MediCal and the ACA for themselves and their families. Now, those systems are defunded and they will have to decide whether to go without (and risk health and financial consequences and even a penalty from the Federal Government) or to forgo other important things like food and utilities.</p> <p>We cannot continue in this system. We need actual healthcare that eliminates the 25-30% private profit taken from our current system—a system that also kills people needlessly and bankrupts 50,000 Californians per year. We need single payer now!</p>
3/9/2026	Marla Hess	<p>Californians face high costs of living, and cannot afford the ever-escalating price of health care. All HMOs, including the so-called "Medicare Health Plans", should be abolished, and all health insurance policies should return to traditional ones as we had prior to 30 years ago, before the rise of any HMO.</p> <p>"Health Maintenance Organizations" are specifically designed to serve only the "maintenance" of the interests and monetization of CEOs of these corrupt corporations, not the health of patients.</p>
3/9/2026	Michael Earney	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/9/2026	Diane Merrick	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. I sm.a very lo e once dissed senior an d health v is d are a concern t o. me My vehicle e registration poll n has ore than doubled yhe last couple e of years yo the point where Zim foong without dom e n things in th e months c around b yhst bills I'm a third generation t l'm resident ofy home town and its rapidly nevo.ming very difficult to pay the very high bills zn d still eat I also believe there are way too many over o aid stat</p>

Date	Name	Written Comment
		e and county players making money unavailable d yo hrlp low income seniors
3/9/2026	Mika Menasco	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/9/2026	Lilith Rogers	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/9/2026	Carl Carlson	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/9/2026	Monte Pilling	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/9/2026	Pietro Poggi	Californians like myself face exponentially growing costs of living, and cannot afford the ever-escalating price of health care. Due to these expenses, I have to delay or ration health and dental care, as well as make difficult decisions about what to prioritize financially. This is a night mare for ordinary people in the richest nation in the history of the world. There is really no excuse for this situation except greed and corruption.
3/9/2026	Charlene Henley	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/9/2026	Tika Bordelon	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.

Date	Name	Written Comment
3/9/2026	Penelope Dane	<p>Affordability has two dimensions: money and time. Not only are my health costs rising, but assuring my insurer acts in good faith is a job in itself. I spend hours of time each month dealing with unfair denials, ghost networks, and insurance errors. I have cancer. I should be dedicating myself to healing, not filing insurance appeals. I should not be forgoing therapy because I do not have the energy to get my visits covered. My doctor's office should not have to dedicate staff to arguing with the insurer to do what my doctor thinks is best.</p> <p>Make no mistake about it: insurers are the issue, not doctors or therapists. The hoops they make doctors and patients jump through leads to stress, poor health outcomes and increased cost.</p> <p>I have the Calpers state plan and I deal with increased premiums and less access to in-network providers, an inability to access my insurer on the phone, as I must speak to them through a 3rd party vendor. I have had to contact my local assembly person to get my cancer treatment covered. My spouse who is on the same plan is being forced to fight for life saving care for a chronic condition. Not only do prices for premiums need to be lowered, the time insured members spend dealing with denials and insurance errors needs to be reduced.</p>
3/9/2026	Mary Grace Barrios	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. I am a 12 cancer survivor so healthcare is my highest priority including for the 3 consumers I care for</p>
3/9/2026	Dawna Eastep	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. I had two disabled children...went to college..graduated top of my class with a BSN. 10 yrs into my career had a 600lb patient fall on me leaving me disabled with no support from the hospital I worked for...now I can't afford my own health care and they are sacred I have cancer...I can't afford the copay for the test...can't you see how wrong this is!!!</p>

Date	Name	Written Comment
3/9/2026	Ruby MacDonald	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. Healthcare must be enjoyed by everyone!
3/9/2026	Christine Hoex	Many Californians face high costs of living, and cannot afford the ever-escalating price of health care. Personally I am in good health at age 74 and of course I have Medicare. However I do worry about my adult children and grandchildren. With a 18 month old, and a 9 year old, they have a single income until my daughter can return full time to work. They have to rely on Medical and other programs for the children's health care. How long will these programs be available? These medical programs are so important for them since my daughter's husband's Management job at a local hardware store does not have any affordable coverage except for the employee. Health care for the family though his work would diminish his salary so as not to be sufficient to support the family. This is the problem with getting health care through employers. Premiums are still to high. Once again they are currently in good health but I don't know what their safety net is. A heart attack; cancer diagnosis, diabetes; and childhood accidents are all possibilities that would impact their bottom line. When children are young, caregivers should not have to work just for healthcare.
3/9/2026	Michelle Sarnoski	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/9/2026	Ms. Lilith	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. As a senior citizen on a fixed income, so many costs are increasing that health care should be affordable - for all.
3/9/2026	Stephen Rosenberg	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or

Date	Name	Written Comment
		ration care, or make difficult decisions about what to prioritize financially.
3/9/2026	Sherrill Futrell	UNLESS I AM VERY ILL OR VERY INJURED I NEVER BOTHER MY KAISER DOCTOR. HE'S OVERWORKED, AND IT'S HARD TO GET IN TO SEE HIM. I CAN AFFORD CARE BUT HATE KAISER. THEY GAVE MILLIONS TO LOBBY AGAINST MEDICARE FOR ALL AND THE COMPANY SHOULD BE DESTROYED.
3/9/2026	Stuart Robinson	Unless a CA resident has subscribed to a state sponsored insurance program or is qualified for Medicare protection, the costs for a doctor or hospital are virtually insurmountable. Some help is essential for individuals and/or families to make medical assistance affordable.
3/9/2026	Eric Weiss	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/9/2026	Molly Huddleston	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. I have medication i can't take because i can't afford it and buy groceries too!
3/10/2026	Geoff Regalado	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/10/2026	Carlos Arnold	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/10/2026	Robbi Nester	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, many people I know have to delay or ration care, or make difficult decisions about what to prioritize financially.

Date	Name	Written Comment
		<p>People should not have to make the decision between paying living expenses such as food and housing and healthcare.</p> <p>And as far as government is concerned, having a healthy population will save money in the long run and contribute to a healthy economy.</p>
3/10/2026	Lenore Twomey	<p>There is nothing affordable about current health care options in California. I receive nothing but a wellness exam and flu shot every year for an \$18000 premium, any other care requires payment of a \$7200 deductible. Insurance companies are focused on returning profits to investors and paying large salaries to executives not taking care of the insured.</p> <p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/10/2026	Kim Messmer	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/10/2026	Anne Roos	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/10/2026	Tara Lulla	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/10/2026	David Gallardo	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/11/2026	Jaya Vanti	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to</p>

Date	Name	Written Comment
		<p>prioritize financially. Living?! with COPD IS a daily struggle Paying \$71/mo for a Prescription drug Plan, who then charges me \$538 for 2 inhalers is akin to ROBBERY. What happened to ANY intention of maintaining,sustaining quality of life by ANY Corporation in this country. How does one pay housing,food,utilities. I survive solely on Social Security. Am currently moving 3k miles to prevent death from pending respiratory failure.if I were to remain in SoCal, Cost of \$7k, must find employment, upon arrival in East.Joy?,not much</p>
3/12/2026	Brandon Lowentrount	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/13/2026	Lily Mejia	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/13/2026	Jennifer PillowTaylor	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/14/2026	Jeffrey Linneman	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. Consumers can't wait, we need the Board to enforce cost-growth targets with real penalties!</p>
3/15/2026	Lynne Weiske	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/20/2026	Lenette Weishaar	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. I am a disabled senior on a</p>

Date	Name	Written Comment
		small fixed income. I can not afford high cost medical treatment. I barely make ends meet now.
3/20/2026	Michael Abler	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/20/2026	Sue Krause	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/20/2026	Maggie Hughes	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/20/2026	Bret Polish	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/20/2026	Janna Piper	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.
3/20/2026	Alena Jorgensen	Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. Stop the war and tax breaks for the rich. We the people deserve healthcare for everyone. Respect for human life.
3/20/2026	Helen Cameron	Californians, like me, face high costs of living and cannot afford the ever-escalating price of health care. The quality of healthcare in the Bay Area is abysmal, yet I am paying more and more every year for supplemental insurance to offset costs not covered by Medicare. Medicare just raised Part B

Date	Name	Written Comment
		<p>costs resulting in less Social Security payment per month. The Bay Area is a high cost-of-living region. The dwindling of independent physicians and the uptick in healthcare options owned by private equity is an outrage! The quality of healthcare for the patient suffers when revenue is more important than what is best for the patient. It angers me that we are paying more for inferior medical care. If there was ever a reason to leave this state, it is the issue of healthcare.</p>
3/20/2026	John Steponaitis	<p>Californians like my friends face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, they have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/20/2026	Martin Horwitz	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. Get HealthCare costs under control!</p>
3/20/2026	Madeline Wright	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/20/2026	Karen Socher	<p>Bring down the cost of premiums. Mine went up 3x after Trump took office. This with all the other increases in living expenses is not good for all of us regular folks.</p>
3/20/2026	Marilyn Zack	<p>Health care should not be a profit making business. Like education, health care should be available to every citizen.</p>
3/20/2026	Charlene Henley	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/20/2026	Grace Silva	<p>Both of my adult nieces are currently unemployed or under employed. Both are actively seeking employment. Until they become employed,</p>

Date	Name	Written Comment
		<p>hopefully with work that offers adequate health benefits, the ACA or Medi-Cal are their lifelines to necessary medical care. We all have medical needs throughout whatever stage of life we pass through. The inability to address those at the appropriate time with the appropriate care is a recipe for a major medical issue sooner rather than later.</p>
3/20/2026	Patricia Johnston	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I would have had to delay or ration care, or make difficult decisions about what to prioritize financially.</p>
3/20/2026	Terri Decker	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. Consumers can't wait, we need the Board to enforce cost-growth targets with real penalties!</p>
3/20/2026	JC West	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. I already cannot afford to pay for food, utilities, health care, and prescriptions. Increased health care and prescription costs are crushing as I'm sixty-three with severe cardiac issues. Our nation can afford \$300 million for a ballroom most of the country is against but cannot provide affordable health care for our population. There is so much in federal funding going to vanity issues rather than serving the needs of our nation's citizens. It's wrong. Consumers can't wait, we need the Board to enforce cost-growth targets with real penalties!</p>
3/20/2026	Phallon Davis	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. Consumers can't wait, we need the Board to enforce cost-growth targets with real penalties!</p>
3/20/2026	Harold Watson	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or</p>

Date	Name	Written Comment
		<p>ration care, or make difficult decisions about what to prioritize financially. Consumers can't wait, we need the Board to enforce cost-growth targets with real penalties!</p>
3/20/2026	Jenn Crum	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. Consumers can't wait, we need the Board to enforce cost-growth targets with real penalties!</p>
3/21/2026	Sherrill Futrell	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. I'm still broke because I can't work - because my rib pain has not been diagnosed, much less resolved. Why are we giving money to Israel, which gives all its citizens MEDICARE FOR ALL?????????? Consumers can't wait, we need the Board to enforce cost-growth targets with real penalties!</p>
3/21/2026	Marcel Buquet	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially. Consumers can't wait, we need the Board to enforce cost-growth targets with real penalties!</p>
3/22/2026	Nancy Hiestand	<p>Millions of Californians face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, They have to delay or ration care, or make difficult decisions about what to prioritize financially. While my husband and I have access to quality health care, Our disabled adult daughter does not. As a teacher I see than many of my low come students are not adequately cared for due to rising healthcare costs. Ours is the only "civilized" nation that does not see health care as human right. This is despicable. Consumers can't wait, we need the Board to enforce cost-growth targets with real penalties!</p>

Date	Name	Written Comment
3/22/2026	Ellen Koivisto	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p> <p>Consumers can't wait, we need the Board to enforce cost-growth targets with real penalties!</p>
3/23/2026	Joe Salazar	<p>Californians like myself face high costs of living, and cannot afford the ever-escalating price of health care. Because of these expenses, I have to delay or ration care, or make difficult decisions about what to prioritize financially.</p> <p>Consumers can't wait, we need the Board to enforce cost-growth targets with real penalties!</p>