

## Agenda Item 5:

# Behavioral Health Education and Training: Perspectives from the Educational Institutions

Facilitator: Alexandra Ament, Consultant, Mathematica

# Executive Information

## Kristen Cole, PhD

- CA licensed Psychologist
- Clinical experience: 32 years
- Professor, Psychology: 20 years
- Program Manager, Public Mental Health Academy
- Author:
  - “Helping You Help Others”
  - “Career Opportunities in Psychology”
- Clinical Preceptor, U.S. Navy
- Volunteer, Red Cross Disaster Mental Health team

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# Organizational Information

- Created a 19-unit Mental Health Work Certificate of Achievement in 2010
- Educate and train entry-level mental health workforce
- 3,000+ volunteer hours in local community annually, at 70+ agencies
- Certificate is “stackable” in our District
- SD County Health & Human Services grant awarded to establish it
- Supportive Services on campus are *essential*

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# Education and Training Information

- 400 MHWCA graduates
- 479 MHWCA students currently enrolled
- Lived-experience: 75%
- Latinx: 37%; White: 30%; Black: 18%; Asian/Pac-Is: 11%; LGBTQIA+: 14%; Former Foster Youth 5%
- Bilingual: 48%
- First-Generation College Students: 41%
- Female: 74%; Male: 26%
- Age range: 18 -65 years old
- Overall GPA: 3.76
- Majority continue educational path
- Graduates who seek employment, 95% obtain it...

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# Education and Training Information

Mental Health Worker/Aide/Assistant/Associate

Behavioral Technician

Behavior Analyst

Residential Counselor

Case Management Assistant

Social Work Assistant

Client Advocate

Patient Care Specialist

Crisis Center Worker

Peer Support Specialist

Independent Life Skills Coach

Rehabilitation Counselor Assistant

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# Executive Information

## **Nancy Meyer-Adams, Ph.D., MSW**

- Professor and Director
- School of Social Work
- California State University, Long Beach
- Immediate Past President of California Association of Deans and Directors (CADD)
- California Social Work Education Center (CalSWEC) Advisory Board Vice President

CALIFORNIA STATE UNIVERSITY, LONG BEACH



# Organizational Information

- CSULB is a designated Hispanic Serving and Asian Pacific Islander Institution
- Majority of our students are first generation college students
- CSULB School of Social is one of 24 social work programs in California, and one of 7 in Los Angeles County
  - BASW -150 students (Full-time & part-time programs)
  - MSW – 650 students (Full-time, part-time & Advanced Standing programs)
  - MSW Distance Learning Program – 2 sites Petaluma & Ventura (52 students – cohorts start once every 3 year)
  - 97% graduation rate in our MSW program – 275 MSW graduates in May 2022

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# Education and Training Information

- The CSULB School of Social Work MSW Programs has 3 specializations; Adulthood & Aging, Integrated Health, and Child and Family well-being serving behavioral health in all 3 specializations
  - 450-475 students in internship placements every academic year
  - Students placed in behavioral health placements across Los Angeles, Orange, Riverside, San Diego, and Ventura counties, with additional counties covered in our Distance Education Program
  - Have offered mental health stipend workforce development stipends to MSW students since 2000

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# UNIVERSITY OF CALIFORNIA HEALTH



## Deena Shin McRae, MD

Interim Associate Vice President, Academic Health Sciences  
University of California Office of the President

&

Associate Dean, Graduate Medical Education  
Associate Professor, Dept. of Psychiatry  
UC Irvine School of Medicine

### Clinical Work:

UCI Medical Center  
Long Beach VA Medical Center

### Areas of Interest:

Cognitive Behavior Therapy  
Transitional Age Youth Population  
Healthcare Provider Wellbeing and Retention  
Promotion of Diversity, Equity and Inclusivity



- **Largest Health Sciences Instructional Program in the Nation with 15,000 students and trainees**
- **6 Academic Health Centers**
- **10 Student Health Centers and Counseling Centers**
- **20 Health Professional Schools**
- **1 University of California Global Health Institute**

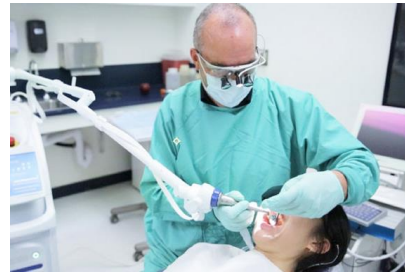
## UC Health Goals

1. **Recruit, retain and expand a diverse healthcare workforce.**
2. **Expand mental health workforce and services,** especially in underserved areas and for our more vulnerable populations.
3. **Achieve health equity with improved access to care and health outcomes** for all people who live in California now and in the future.



**Nursing**

UCD, UCI, UCLA, UCSF



**Dentistry**

UCLA, UCSF



**Medicine**

UCD, UCI, UCLA,  
UCR, UCSD, UCSF



**Optometry**

Berkeley



**Pharmacy**

UCI, UCSF, UCSD



**Public Health**

Berkeley, UCLA, UCSD



**Veterinary Medicine**

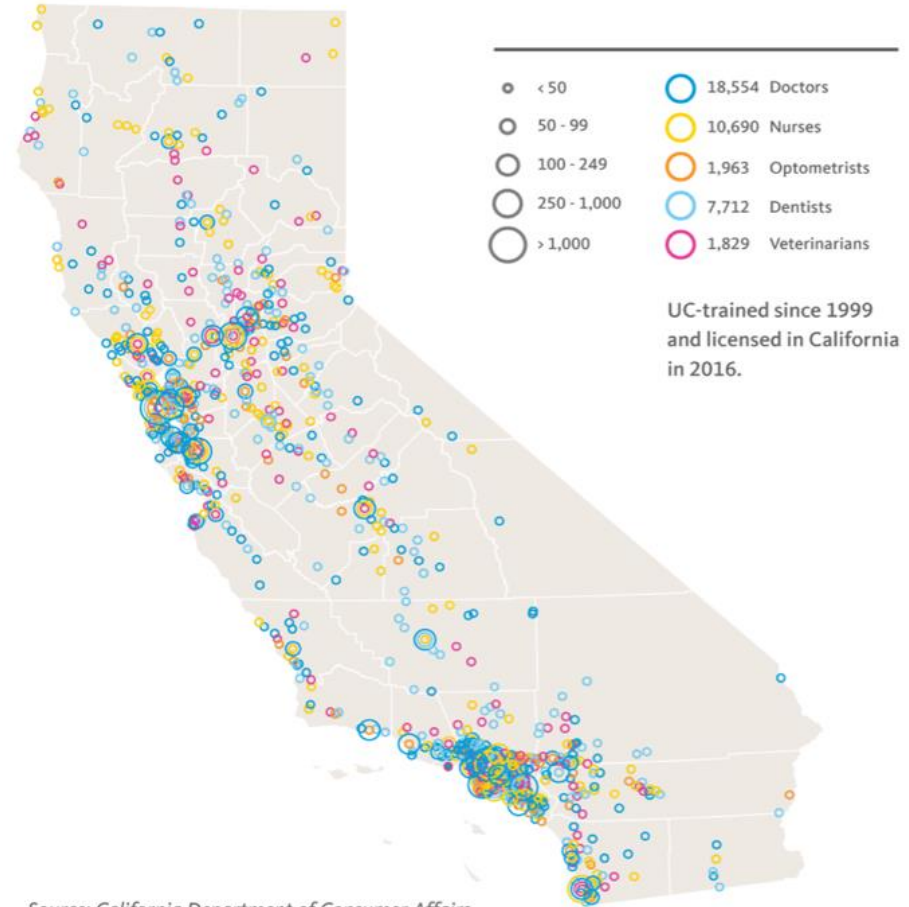
UCD

# UNIVERSITY OF CALIFORNIA HEALTH



**University of California Schools of Medicine  
Nationally Recognized for Diversity  
by U.S. World & News Report**

#3 – UC Davis  
#11 tie – UC San Francisco & UC Riverside  
#14 – UCLA



Source: California Department of Consumer Affairs  
Note: Data not available for graduates of UC pharmacy and public health programs.

**UC-trained health sciences professionals  
remain in California in high numbers.**

AAMC: 77% of medical residents who trained in California and graduated in 2012—2021 are still here practicing in the state.

# UNIVERSITY OF CALIFORNIA HEALTH

## **PMHNP program**

UC School of Nursing Collaborative (UCSF, UCD, UCLA, UCI)

## **Psychiatry Residency & Fellowship Programs**

Adult, Child & Adolescent, Addiction, Geriatrics, C&L, Forensics

## **Combined Primary Care & Psychiatry residency programs**

## **Public Psychiatry Fellowship (UCSF)**

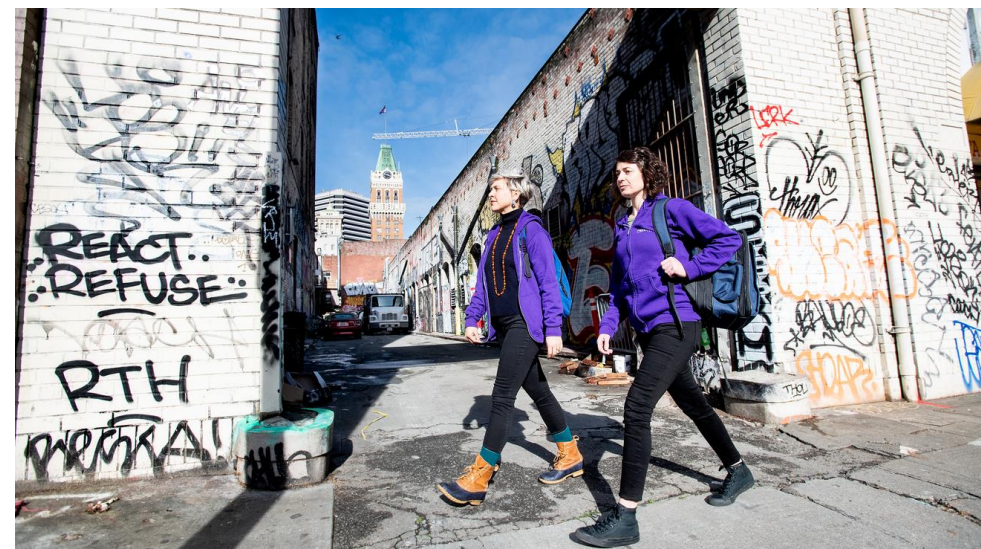
## **Psychiatry HEAL Fellowship in Global Mental Health**

## **Addiction Medicine fellowships**

## **Training of Primary Care Providers in Mental Health and Addiction Medicine**

## **Other disciplines** - Psychology, Social Work

## **Curriculum** - Global Mental Health, Cultural Psychiatry



# Executive Information

## **Trish Williams Forde, MSN, APRN, PMHNP-BC**

- Program Director of the Psychiatric Mental Health Nurse Practitioner Program
- Graduate and Post Masters Certificate Nursing Tracks
- Charles R. Drew University of Medicine and Science
- Mervyn M. Dymally School of Nursing

# Organizational Information



Charles R. Drew University  
of Medicine and Science  
*A Private University with a Public Mission*

- A Private University with a Public Mission
- Charles R. Drew University of Medicine and Science (CDU) is a private, nonprofit, community-founded, student-centered University committed to cultivating diverse health professions leaders who are dedicated to social justice and health equity for underserved populations through outstanding education, clinical service, and community engagement.
- Established in South Los Angeles, California in 1966 post the Watts Rebellion to recruit and train minority members of the community to be healthcare professionals
- Historically Black Graduate Institute and Hispanic Serving Institution

# Education and Training Information



Charles R. Drew University  
of Medicine and Science  
*A Private University with a Public Mission*

- We serve the Los Angeles community within Los Angeles County.
  - We are in the census designated (SPA) 6 which includes surrounding neighborhoods, South Central Los Angeles, Watts, Willowbrook, and surrounding cities of Compton, Lynwood and South Gate.
  - Principal languages spoken are English, Spanish, and Asian languages.
- The communities we serve are members who come from disadvantaged family backgrounds who are also categorized as underserved, underinsured and unemployed community.
- CDREWU is adjacent to low-income housing such as the Imperial Courts and Jordan Downs Projects.
  - SPA 6 has a high rate of unhoused persons, domestic and gang violence, along with human/sex trafficking.

# Education and Training Information



Charles R. Drew University  
of Medicine and Science  
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- The type of behavioral health students we educate, and train represent and mirror their communities by coming from various socioeconomic backgrounds, genders, races, ethnicities and speak multiple languages. Where do they come from? CDREWU alumni, and employees from local community clinics and hospitals.
- RNs who originate from vulnerable populations, such as the local community and surrounding cities, as well as 3rd world countries
- Student similarities: Raised in poverty, experienced homelessness and were victims of community related crime and violence. Built resilience and became educated RNs!
- We enroll RNs with a minimum of 1 year of RN experience with a BSN degree and the drive to advance their nursing career by becoming a Psychiatric Mental Health Nurse Practitioner-Provider role to serve in their community to eliminate the stigma of mental health issues and make a difference with the underserved population. Rolling enrollment, 3 semesters in an executive hybrid learning format.