

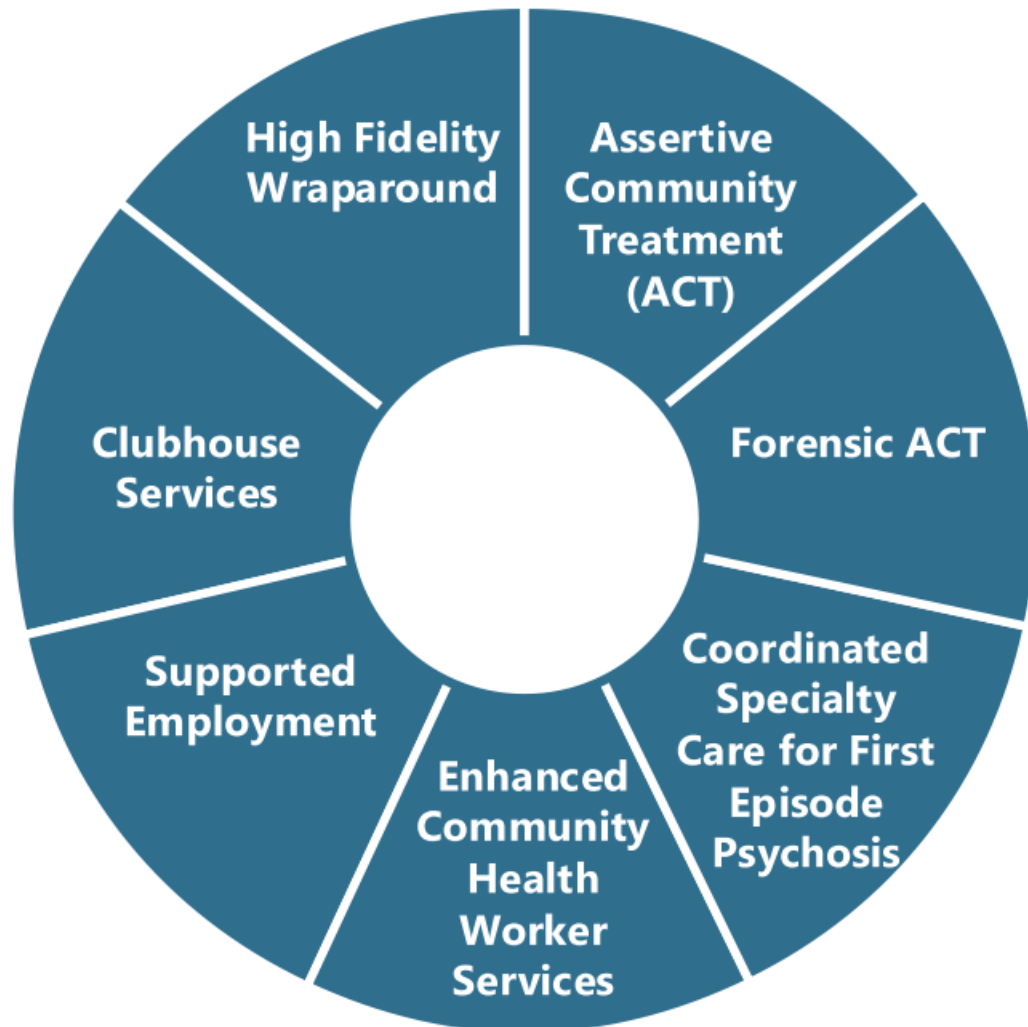
Agenda Item 15b:

Behavioral Health Transformation and Evidence-Based Strategies for Team- Based Approaches for Workforce Development

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Allied Professionals & Evidence-Based Practices Under BH-CONNECT & BHT

Expanding Evidence-Based Behavioral Health Services in California



DHCS is committed to expanding access to community-based, evidence-based behavioral health services for Californians living with significant behavioral health needs.

- » **BH-CONNECT** expands Medi-Cal coverage of key evidence-based practices (EBPs)
- » **The Behavioral Health Services Act (BHSA)** requires counties to offer specified EBPs available to individuals who meet the BHSA criteria
- » **Behavioral Health Continuum Infrastructure Program (BHCIP)** DHCS anticipates that the Behavioral Health Continuum Infrastructure Program, inclusive of new funds available through the Proposition 1 Bond measure, will increase the need for staff to deliver care in new BH facilities

Overview of EBPs (1/3)

EBPs in BH-CONNECT Only*	Description
<p>Enhanced CHW Services</p>	<p>Community Health Worker (CHW) Services are preventive services delivered by trusted community members.</p> <ul style="list-style-type: none"> • California currently delivers CHW services throughout the Medi-Cal Managed Care system; the new SPA allows CHWs to be reimbursed in specialty behavioral health delivery systems. • CHW for individuals that meet access criteria for Drug Medi-Cal (DMC), Drug Medi-Cal Organized Delivery System (DMC-ODS), or Specialty Mental Health Services (SMHS) will be called "Enhanced CHW Services."
<p>Clubhouse Services</p>	<p>Clubhouses are rehabilitative programs that offer a physical location to build relationships, engage in work and education activities, and receive supportive services.</p>

**Under BH-CONNECT, DHCS is also clarifying coverage of Multisystemic Therapy, Functional Family Therapy, and Parent-Child Interaction Therapy to support children and youth with behavioral health needs.*

Overview of EBPs (2/3)

EBPs in BH-CONNECT and BHSA	Description
ACT* and FACT	<ul style="list-style-type: none">• Assertive Community Treatment (ACT) ACT provides a person-centered, comprehensive approach to care for adults with the most intensive behavioral health needs delivered by a multidisciplinary team.• Forensic Assertive Community Treatment (FACT) builds upon the evidence-based ACT model by making adaptations and training providers to address the needs of justice-involved individuals.
CSC for FEP	Like ACT, Coordinated Specialty Care (CSC) for First Episode Psychosis (FEP) is a team-based, comprehensive community-based treatment option that is tailored for individuals experiencing a first psychotic episode.
IPS Supported Employment	The Individual Placement and Support (IPS) model of Supported Employment supports recovery by helping individuals find and maintain paid competitive jobs through vocational assessment, job-finding assistance and skills training.

Overview of EBPs (3/3)

EBPs in BH-CONNECT <i>and</i> BHSA	Description
High Fidelity Wraparound (HFW)	High Fidelity Wraparound is team-based and family-centered, includes an “anything necessary” approach to care for children/youth living with the most intensive mental health or behavioral needs. HFW is regarded as an alternative to out-of-home placement for children with complex needs, by providing intensive services in the family’s home and community.

Allied Professionals are Essential to Delivering EBPs

- » All EBPs DHCS is expanding under BH-CONNECT and the BHSA are delivered by **multidisciplinary teams of behavioral health practitioners**
- » Peer Support Specialists, Community Health Workers, Substance Use Disorder Counselors and Other Qualified Providers are **essential members of these multidisciplinary teams**

Sample ACT Team

- » LPHA as ACT Team Lead
- » 1 Psychiatrist
- » 1 Psychologist
- » 2 Registered Nurses
- » 2 Peer Support Specialists
- » 1 SUD Counselor
- » 2 Other Qualified Providers

Sample CSC for FEP Team

- » LPHA as CSC Team Lead
- » Psychiatrist (supporting team part-time)
- » 1 Peer Support Specialist
- » 2 Other Qualified Providers

Sample IPS Supported Employment Team

- » 1 Peer Support Specialist trained to be an Employment Specialist
- » 1 Other Qualified Provider trained to be an Employment Specialist
- » LPHA as Employment Supervisor (supporting team part-time)

Key Milestones for EBP Implementation

December 2024

- » CMS approves coverage of ACT, FACT, CSC for FEP, Clubhouse Services, IPS Supported Employment and Enhanced CHW Services as Medi-Cal services available at county option

March 2025

- » Counties begin opting in to offer ACT, FACT, CSC for FEP, Clubhouse Services and Enhanced CHW Services as Medi-Cal services (*on rolling basis*)

July 2026

- » Counties required to offer ACT, FACT, CSC for FEP, IPS Supported Employment and HFW under BHSA
- » HFW available as a Medi-Cal service (*anticipated*)

December 2029

- » All counties are offering ACT, FACT, CSC for FEP, IPS Supported Employment and HFW with fidelity under BHSA