

Agenda Item 8

Health Workforce Milestones and Successes

Facilitator: Chris Roina, Lead Communications Analyst, HCAI

Stories of Change – From Theory to Success

- HCAI is gathering success stories from awardees
 - Currently interviewing Health Career Exploration Program, Health Professions Pipeline Program, and Train New Trainers awardees
 - Upcoming interviews with Justice System Involved Youth – Behavioral Health Pipeline, Community Based Organizations Behavioral Health Grants, Psychiatry Education Capacity Expansion, and Social Work Education Capacity Expansion
 - Sharing the Certified Wellness Coach (CWC) story
- Next steps:
 - Pair stories with Research Data Center Data
 - Create video and infographic content for release through website, social media, and earned media

Health Professions Career Opportunity Program

Health Careers Exploration Program (HCEP) awards up to **\$25,000** to institutions to support conferences, workshops, or career exploration activities, exposing students to health careers.

Health Professions Pathways Program (HPPP) is designed to recruit and support students from underrepresented regions and backgrounds to pursue health careers through pipeline programs, summer internships, post undergraduate fellowships, and post-baccalaureate scholarships.

HPPP awards **up to \$500,000** to institutions that supports and encourages underrepresented individuals to pursue health careers through pipeline programs that develop a more culturally and linguistically competent healthcare workforce.

HCEP 2022

- 34 Programs
- \$600,184

HPPP 2022-2027

- 20 Programs
- \$40,766,782

HPPP 2023-2028

- 11 Programs
- \$12,780,000

Health Careers Exploration Program

“They had no family that had any careers in healthcare. And they couldn't believe that these people that were going to be doctors looked like them. It was getting that mental image that, yes, ‘this can be you’ that I think really, really was one of the most important things that I felt I could do for them was to actually show them that the people that they admired so much came exactly from where they came from and that they didn't need to be so critical of themselves, [in health careers] and that there's a place for everyone.”

— *Dr. Carmen Rexach,*
Project director for the Mount Saint Antonio College Annual Health Professions Conference



Health Careers Exploration Program

“Our students get to see what it would feel like to go into a current health care career and see if it's for them. Some had no idea ever that they were ever going into healthcare careers, it was not on their radar. They were going to do jobs just like their parents, and that was that was their lot in life. That was what they were going to be able to do...

There's a whole pathway to getting to becoming a doctor and a nurse, but we really have to start in high school rather than college.”

—*Lisa Safaeinili,*

Executive Director of the Westminster Free Clinic, and founder of the Teen Healthcare Training and Internship Program



Health Professions Pipeline Program

“I've worked with one student since 2019, and he just received acceptance to Charles Drew University School of Medicine... He participated in our summer program, and I think it reinvigorated him because he had 20 others that were part of his cohort. He took his medical school exam and then was just admitted this year. He's had so many obstacles come his way, I think that if it wasn't because of programs like this, we would lose a lot of students.”

— *Anabel Arroyo*
Director of Workforce Development and Clinical Programs with AltaMed Health Services Corporation, and Director of the AltaMed Scholars Program



Train New Trainers

The Train New Trainers (TNT) Primary Care Psychiatry (PCP) Fellowship is a year-long clinical education program for primary care-oriented trainees and providers who wish to receive advanced training in primary care psychiatry.

- Approximately 70% of all behavioral healthcare delivery happens in the primary care setting
- 60% of TNT graduates are conducting training of other primary care providers at least monthly
- TNT has grown from 120 fellows four years ago to 430 fellows this current year.
- HCAI Scholarship funding is allowing primary care providers from underserved areas to experience this impactful training.

2021 \$1,984,000

- 128 Students Trained

2022 \$4,045,500

- 261 Students Trained

2023 \$5,332,000

- 344 Students Trained

Train New Trainers

“The partnership with HCAI has been essential towards getting this training out to the providers who need it most. And the beauty of this is when we train a provider, we make sure to train them how to train others in their clinic or their region...I think these partnerships really are the driving force behind the training that we're able to provide in underserved areas.”

— *Dr. Robert McCarron*

*Associate Dean for Continuing Medical Education,
UC Irvine*



Caring4Cal

A workforce development program created to expand, enhance, and strengthen California's Home- and Community-Based Services through free training and coaching.

- 43,812 current and new home- and community-based providers participating in courses
- 37,791 providers have completed at least one course
- 334,015 Courses completed
- 18,550 providers are receiving one-on-one coaching services

Caring4Cal

"There are many elders who need a lot of help, I learned to respect them and understand them. These clients have already given to the community. Now it is our turn to help. Now that I have my license, I'm more devoted, I will be making more money and be able to help to support my family. I was not sure about taking the class, I had a fear of the language barrier but with dedication, studying late, I was able to pass my exam. My kids are older and very proud of my achievements. I feel like a warrior to be able to get this far. I'm happy with my getting my license. Thank you for all the support."

— *Angelica L.*

Certified Wellness Coaches

The Certified Wellness (CWC) role is a non-clinical role that provides wellness education, screening support, care coordination, individual and group support, and crisis referral support.

We have some stories to share.

As of June 2024:

194 Certified Wellness Coaches

203 CWC Scholarship Applications in progress

67 Potential Matches for Designated Education Approval

5 Colleges Actively Working on Forms with HCAI Consultants

Certified Wellness Coaches



- Evelyn says the CWC program is more beneficial with a more ‘boots on the ground’ approach for the kids to access and get a supportive adult role
- At the core, it’s just listening with open, no judgement
- If you are looking to get into the field of social work, this would be a great opportunity to get into the workforce
- [View Evelyn’s interview](#)

Wellness Coaches and Youth

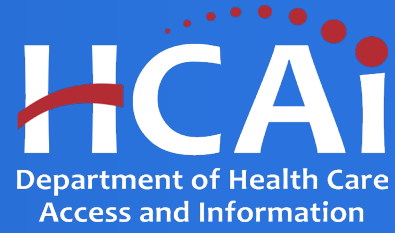


- Salah struggled with finding somewhere to go or someone to talk to
- Even with help available the fear of being criticized or viewed as weak and the stigma surrounding mental health, prevented her from reaching out
- Salah felt it would be nice to have someone to confide in and help work through personal issues, without feeling pressured or judged
- It is important for people to feel like they belong and that they are not alone
- [View Salah's interview](#)

Wellness Coaches and Youth



- Kaliyah does not feel there is enough mental health support for kids in her area
- When she thinks of a Wellness coach, she thinks of someone who there for people and who are helpful to people
- It does not have to be a therapist to talk to, someone who one can be comfortable with and listen
- “Having someone there to support me and listen makes the world more colorful and lighter on my feet.”
- [View Kaliyah’s interview](#)



Thank you!